



Curly Hair

Curly hair has a completely different set of rules. There are varying degrees of curl and need to be worked with according to the curliness degree.

Curly hair doesn't like to be handled. If you have curly hair, you probably know that it will take a few days for the hair to calm down after a hair service.

The curlier the hair, the less shampooing it needs. Shampoo can frizz up the hair. It is important to keep the scalp healthy though. What works great is on no-shampoo days, wet the hair and apply conditioner. Massage the scalp with the conditioner and rinse as normal. Continue with styling as normal.

A great book for learning more about making the most of your curl is "Curly Girl" by Lorraine Massey.